



Changchun American
International School
长春美国外籍人员子女学校

EXTRA-CURRICULAR ACTIVITIES

2025-2026
ROTATION 1

DISC



CHANGCHUN AMERICAN
INTERNATIONAL SCHOOL

NO.2899,Dong Nan Hu Road,
Changchun,Jilin,China,130033



CAIS - DISC ECA Rotation 1

Hello everyone and welcome to 2025-2026 the 1st Rotation of ECAs at CAIS/DISC. We are so delighted to be able to present you with this ECA brochure so that you may see the wonderful clubs being offered this rotation to your children.

DISC and CAIS are working continuously to improve the new cooperation in this area. We are happy to see the children getting together and improving their language skills with these activities.

Please pay close attention to the following information. DISC follows strictly CAIS' settings in this:

· There are three rotations for ECAs for the school year 2025-2026.

- **Rotation 1** – September 1, 2025 until November 21, 2025.
- Rotation 2 – November 24, 2025 until March 20, 2026.
- Rotation 3 – March 23, 2026 until June 12, 2026.

1. All ECAs are OPTIONAL.

- Students do not have to join any clubs should they so choose. However, they can also join one club on each day that it is being offered.
- But as we do need the data of ALL children for a more transparent bus organization we kindly ask you in any case to fill in the ECA request and answer "NONE" for all days, if your kid does not choose an ECA at all.

2. **Registration for Rotation 1 ECAs will be open and available until Thursday, August 21, 2025 at 19:00.**

3. Please use the QR code here to select your course.



- Anyone not registered for Rotation 1 ECA by that time cannot register for Rotation 1 ECAs anymore.
- In the first week of the Rotation 1 ECA (start: 01.09.2025), students can adjust their activities if they have special reasons. After one week, students will not be allowed to switch clubs anymore.
- Exception: If students want to leave the swimming course after the first week, they still have to pay at least the first week.
- ECAs are now offered by 15:10-16:25.
- The activities will be held on Monday, Tuesday, Thursday and Friday.
- They will be assigned to the 16:30 bus departure on the days that they participate in clubs.
- All students NOT registered for a club on any given day will depart on the 15:10 bus or be picked up by their parents at the school gate.
- Students are not allowed to stay on school campus if they are not involved in club activities.
- Students **cannot** take the earlier bus time, if they have to leave earlier for some reason.
- In that case, students **have to be picked up by the parents** themselves. **Please inform the administration (Ms Ren) by Teams and the homeroom teacher by Teams** at least one day ahead, if your child has to miss a class of ECA.

As DISC is participating in the ECA's, but does not have any spare teacher's lessons, DISC students pay a fee for each ECA, like they did before at DISC as well.
The fees for the courses see below.

4. On the following pages, you will see all the clubs being offered for DISC Primary School, grade 1-5.

- Please pay attention to the grade levels and the days on which they are being offered.

5. When you read the brochure and are ready, please use the corresponding QR Code to register your child for an ECA.

- Please choose the name of your child (each child has to be enrolled individually).
- As DISC kids are not in CAIS' database, we need to ask some additional information, which help CAIS to organize DISC kids.
- Please choose an event for every day or tick the button NONE
- Also if there are no medical issues, please write: NONE

If courses are too full, DISC will try to provide individual solutions.

We wish all our kids a great time in the 1st rotation of ECA!

Sincerely,

Ildiko Murray, PhD

Head of School

Moser Robert

Principal of DISC

Sally Wang

ECA Coordinator

Course Fees Structure

Subject 科目	Fee Standard (per person) 收费标准/人	Payment regulations 缴费说明
Swimming 游泳	130 RMB/period 130 元/人/节	<div>1. If student is absent due to personal reasons during this rotation, the fee will not be refunded. 期间如果因为个人原因缺勤，费用不退。</div> <div>2. If the ECA is canceled due to school reasons, the fee will be postponed to the next rotation. 由于学校原因取消，费用顺延至下一期。</div>
Instrumental Courses 乐器及演奏类	130 RMB/period 130 元/人/节	
Soccer 足球	90 RMB/period 90 元/人/节	
Others 其他课程	80 RMB/period 80 元/人/节	

* If All parents will be sent a bill for the first rotation for each course after the first week. Payment will be done by scanning we-chat code and will be due within one week after billing.

Monday

Name of ECA	Description	Grade
Fun Math	Join the Fun Math ECA to discover math through games, puzzles, and hands-on activities. Strengthen basic math skills like addition, subtraction, and problem-solving in an engaging and interactive way, ideal for beginners.	3-5
Beginner Swimming	Join our beginner swimming ECA to learn basic swimming skills, including water safety and simple strokes. This program helps build confidence in the water through practice and instruction, designed for those new to swimming. Participants will develop their abilities step-by-step in a supportive setting.	3-4
Swim Team	Welcome to the Swimming Team program at CAIS. I look forward to welcome you on board. For this rotation we are looking to build up a strong CAIS Tigers Swimming Team for future competitions that are coming up. We can accept only the students that can swim at least 25m in one or two strokes. The aim of this ECA is to develop a competitive Swimming Team that represents CAIS Tigers in various swimming events.	1-5
Harry Potter Club	Join our Harry Potter ECA to explore the world of magic through discussions, games, and activities inspired by the books and movies. Learn about characters, spells, and magical creatures while enjoying creative projects and teamwork with fellow fans. Open to all levels of Harry Potter knowledge.	3-5
iPad Drawing	Join the iPad Drawing ECA to learn digital art techniques using an iPad. Explore drawing tools, colors, and styles to create your own artwork. This activity is perfect for beginners who want to develop creativity and practice digital drawing skills. ipad and ipad pen are needed for this club.	3-5
Zumba	Join the Zumba ECA to enjoy fun, energetic dance workouts set to lively music. Improve fitness, coordination, and confidence through easy-to-follow moves. This activity is suitable for all skill levels and focuses on having a good time while staying active.	1-2
DISC Football Team	Welcome to the Football Team of DISC! This activity will be held outdoors as long as the weather permits. Please make sure you have the appropriate sport kit and get ready for some awesome training sessions.	1-2
Dance	This club for students who already love to move! Rehearse with friends, polish stage presence, and shine in the showcase. Led by professional dancers. Step up for fitness, teamwork, and the spotlight!	3-5

Tuesday

Name of ECA	Description	Grade
Basketball Tiger Team	Welcome to the CAIS-Tigers Basketball Primary Team. We will focus on building basic skills and tactical knowledge about basketball. Please make sure you have the appropriate kit and get ready for some awesome training sessions. There will be opportunities to travel and compete for DISA U12 Basketball.	3-5
Fun English	Join the Fun English ECA to explore reading, writing, and speaking through games, stories, and creative activities. Build language skills in an enjoyable way, perfect for beginners or anyone wanting to practice English with fun challenges.	1-2
Chess	Join our Chess ECA to learn the basics of the game, including rules, strategies, and tactics. Develop critical thinking and problem-solving skills through practice and friendly matches. Suitable for beginners and those looking to improve their chess abilities.	1-2
Beginner Swimming	Join our beginner swimming ECA to learn basic swimming skills, including water safety and simple strokes. This program helps build confidence in the water through practice and instruction, designed for those new to swimming. Participants will develop their abilities step-by-step in a supportive setting.	1-2
Swim Team	Welcome to the Swimming Team program at CAIS. I look forward to welcome you on board. For this rotation we are looking to build up a strong CAIS Tigers Swimming Team for future competitions that are coming up. We can accept only the students that can swim at least 25m in one or two strokes. The aim of this ECA is to develop a competitive Swimming Team that represents CAIS Tigers in various swimming events.	1-5
Content Creation Crew	Unleash your creativity with lights, camera, and action! In this hands-on club, students will become digital storytellers, learning to film, edit, and produce fun videos using green screen magic, quick editing tricks, and simple effects. Each session focuses on a mini-project—like music videos, weather reports, or book trailers—so everyone leaves with a finished product.	3-5
Origami	Join our Origami ECA to learn the art of paper folding. Create various shapes and designs, from simple to more detailed models. This activity helps improve focus, patience, and fine motor skills while enjoying hands-on creativity. Suitable for all skill levels.	3-5
DISC DIY	DIY- Do It Yourself- Club is a club for students that want to create something useful during club time. DIY encourages students to use many everyday skills to problem solve and think about tasks carefully and analytically, exploring potential outcomes. It exercises the mind, encouraging lateral and logical thinking, choosing from a range of solutions. You will be able to paint, work with soft clay, decorate and use variety of art supplies to make daily life objects and toys.	1-3
Orchestra	The school orchestra is recruiting new members! Students with solid instrumental foundations and strong interest are welcome to sign up for the selection. We will practice classic pieces together and perform on stage. We are looking forward to passionate and dedicated music lovers like you to weave dreams with notes—we're waiting for you!	1-5
Feel the beats	Ready to move, groove, and have fun? Join our After-School Zumba Club ! Shake off the stress, pump up the energy, and dance to the hottest beats with your friends. No experience needed—just bring your smile and your moves ! Let's dance, laugh, and feel amazing together ! Don't miss out—Zumba is the perfect mix of fun and fitness !	1-3

Thursday

Name of ECA	Description	Grade
Football Tiger Team	Welcome to the football/soccer club . We will focus on building basic skills and tactical knowledge about football. Please make sure you have the appropriate kit and get ready for some awesome training sessions.	3-5
Fun English	Join the Fun English ECA to explore reading, writing, and speaking through games, stories, and creative activities. Build language skills in an enjoyable way, perfect for beginners or anyone wanting to practice English with fun challenges.	3-5
Poster Design	Come and join our Poster Design ECA, where you'll learn how to use colors, shapes, and text to create unique posters! From simple ideas to professional skills by using Keynote, Canva or Pages. You'll gradually transform into a young designer, turning your ideas into visual creations!	3-5
Beginner Swimming	Join our beginner swimming ECA to learn basic swimming skills, including water safety and simple strokes. This program helps build confidence in the water through practice and instruction, designed for those new to swimming. Participants will develop their abilities step-by-step in a supportive setting.	5
Swim Team	Welcome to the Swimming Team program at CAIS. I look forward to welcome you on board. For this rotation we are looking to build up a strong CAIS Tigers Swimming Team for future competitions that are coming up. We can accept only the students that can swim at least 25m in one or two strokes. The aim of this ECA is to develop a competitive Swimming Team that represents CAIS Tigers in various swimming events.	1-5
Loom Bands	Join the Loom Bands ECA to create colorful bracelets and accessories using rubber bands. Learn different patterns and techniques while developing fine motor skills and creativity. This activity is suitable for beginners and those who enjoy hands-on crafts.	1-2
DISC DIY	DIY- Do It Yourself- Club is a club for students that want to create something useful during club time. DIY encourages students to use many everyday skills to problem solve and think about tasks carefully and analytically, exploring potential outcomes. It exercises the mind, encouraging lateral and logical thinking, choosing from a range of solutions. You will be able to paint, work with soft clay, decorate and use variety of art supplies to make daily life objects and toys.	3-5
Mandala Coloring	Join the Mandala Coloring ECA to explore creativity and relaxation through coloring intricate mandala designs. This activity helps improve focus and fine motor skills while providing a calming, artistic experience. Suitable for beginners and all skill levels.	3-5
PYP Band	Join the Primary School Band ECA if you can play an instrument. Practice and perform music as a group, learn new pieces, and improve your skills. This activity is for students with some experience who want to enjoy playing music together.	3-5

Friday

Name of ECA	Description	Grade
Fun Math	Join the Fun Math ECA to discover math through games, puzzles, and hands-on activities. Strengthen basic math skills like addition, subtraction, and problem-solving in an engaging and interactive way, ideal for beginners.	1-2
Chess	Join our Chess ECA to learn the basics of the game, including rules, strategies, and tactics. Develop critical thinking and problem-solving skills through practice and friendly matches. Suitable for beginners and those looking to improve their chess abilities.	3-5
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Mandala Coloring	Join the Mandala Coloring ECA to explore creativity and relaxation through coloring intricate mandala designs. This activity helps improve focus and fine motor skills while providing a calming, artistic experience. Suitable for beginners and all skill levels.	1-2
Dance	This club for students who already love to move! Rehearse with friends, polish stage presence, and shine in the showcase. led by professional dancers. Step up for fitness, teamwork, and the spotlight!	1-2
Once upon a time	Once upon a time... YOU joined the Storytelling Club ! Dive into magical worlds, meet amazing characters, and create your own fairy tales. Let your imagination shine—every story begins with you !	1-3